

Condition-Specific Referral Guide for Specialty Care

How This Guide Can Help You

Cincinnati Children's offers many specialty programs and clinics for children and adolescents. But it isn't always easy for referring providers to know where to send a referral.

This guide will help. We've organized it into two sections:

- **Behavioral, Psychological and Developmental Conditions**
- **Other Conditions**

Each section describes where to make a referral and which specialty program or clinic will provide care.

How to Make a Referral

Critical Information for Making Patient Referrals

Scheduling delays may occur if any of the following information is missing from the referral.

- Patient name, date of birth and gender
 - Date of referral/order
 - Reason for referral
 - Name of parent/guardian
 - Parent/guardian phone number
 - PCP practice name, PCP name
 - Name of provider responsible for results, if different than PCP
- For diagnostic testing, speech-language pathology, OT/PT and audiology: all the above, plus diagnosis code and PCP signature.

Optional Information for Making Patient Referrals

The following information is helpful but not necessary.

- Notes on pre-authorization process
- Need for ancillary services, such as an interpreter, transportation assistance, etc.
- Parent/guardian email address
- Is referral a request for consult, transfer of care, or co-management of patient?
- Patient insurance information
- Name of PCP office contact

If You Have Questions

Non-Urgent Clinical Questions: Use E-Consult

E-Consult is a free system designed for **local PCPs** who want to ask non-urgent clinical questions to Cincinnati Children's faculty. A faculty member will answer questions within three business days.

- Go to epiclink.cchmc.org
- Open a patient chart and navigate to "ordering" (E-Consult uses the same process used to place orders)

If you have questions about E-Consult, please contact your physician liaison or call the Physician Outreach Department at **513-636-6033**.

Urgent Clinical Questions: Use Physician Priority Link (PPL)

- Call PPL at **513-636-7997** or toll-free **1-888-987-7997**
- Each division has a specialist on call to answer your question
- Indicate whether you need an immediate response (2 minutes) or a same-day response

To Refer Patients

Choose One of the Following:

Complete and fax the Cincinnati Children's Request for Specialty Services referral form or OT/PT/ Speech-Language Pathology/ Audiology Services order form [cincinnatichildrens.org/referrals]

Generate a referral from your practice EMR—send electronically or fax to **513-803-1111**

Use Epic Care Everywhere (cannot be used for OT/PT, speech-language pathology or audiology orders)

Use Epic Link (if available)

Behavioral, Psychological and Developmental Conditions

Behavioral Medicine and Clinical Psychology (BMCP), Division of Developmental and Behavioral Pediatrics (DDBP) and Division of Child Psychiatry

Specialists from three divisions see patients with a wide variety of behavioral, psychological and developmental diagnoses at Cincinnati Children's.

These divisions include:

BEHAVIORAL MEDICINE AND CLINICAL PSYCHOLOGY (BMCP)

Provides evidence-based treatment based on behavioral theory (e.g. CBT, DBT, parent-child interaction therapy) by doctoral level (PhD and PsyD) psychologists to children and adolescents under age 18 years.

DIVISION OF DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS (DDBP)

For children up to 12 years, 11 months with suspected autism spectrum disorder (ASD) or intellectual disabilities (ID), the division provides diagnostic evaluations and ongoing care through early adulthood.

For children 13+ with a confirmed diagnosis of ASD or ID, the division provides ongoing care, community-based referrals and limited diagnostic services. We also offer limited treatment for children in this age group who have more severe behavioral problems or may need augmentative communication evaluations. Psychology and speech-language evaluations are not available for children 13+ with suspected ASD or ID.

DIVISION OF CHILD PSYCHIATRY

Services include diagnostic evaluation, medication management, psychotherapy, and care management services. Providers include child and adolescent psychiatrists, psychiatric nurse practitioners, licensed independent social workers and counselors.

Condition	Send referral to
ADHD	
Assessment and treatment (non-medication)	BMCP
In context with other developmental delays or medical complexity AND children under 4 and under suspicion of ADHD	DDBP
Refractory to primary care medication management	Psychiatry
ADJUSTMENT DISORDERS	BMCP
ANXIETY DISORDERS	BMCP for therapeutic treatment Psychiatry for medication management refractory to primary care treatment
ASD (diagnosis and coordination of care)	DDBP
ASD/intellectual disability with disruptive behavior and medication management needs	Psychiatry
AUTISM	
Autism spectrum disorder	DDBP
Autism/intellectual disability with disruptive behavior	Psychiatry
BEHAVIORAL DISORDERS	BMCP for therapeutic treatment Psychiatry for medication management refractory to primary care treatment
BEHAVIORAL FEEDING PROBLEMS	BMCP
BIPOLAR DISORDER	Psychiatry
DEPRESSION	BMCP for therapeutic treatment Psychiatry for medication management refractory to primary care treatment
DISRUPTIVE MOOD DYSREGULATION DISORDER (DMDD)	Psychiatry
GENETIC SYNDROMES WITH DEVELOPMENTAL CONCERNS	DDBP
INTELLECTUAL DISABILITY	DDBP
MOOD DISORDERS	BMCP
POST-TRAUMATIC STRESS DISORDER	BMCP for therapeutic treatment Psychiatry for medication management refractory to primary care treatment
PSYCHOLOGICAL COMPLICATION OF COMPLEX ILLNESS	BMCP
REACTIVE ATTACHMENT DISORDER	Psychiatry
REFUSAL TO ATTEND SCHOOL	BMCP

Mental Health Conditions with Moderate to Severe Symptoms

Condition	Send referral to	Patient will receive care in this clinic
Moderate to severe mental health symptoms: Referral is appropriate if Columbia Suicidal Severity Rating is indicative of lower risk (moderate urgency to referral)	Refer through BMCP (noting Intensive Outpatient Program (IOP) request) OR contact Psychiatric Intake Response Center (PIRC).	Intensive Outpatient Program
High-moderate to severe mental health symptoms: 24-hour psychiatric management not needed	PIRC	Partial Hospitalization Program

Psychiatric Intake Response Team (PIRC) is available 24/7 for consultation at 513-636-4124

Other Conditions

Condition/Specialty Service	Send referral to	Patient will receive care in this clinic
Acute myeloid leukemia (AML)	Hematology/Oncology	Leukemia and Lymphoma Program
Brain or spine tumor (concerns for)	Hematology/Oncology	The Cure Starts Now Foundation Brain Tumor Center
Brain injuries—severe, complex patients with prior hospitalization	Concussion/Head Injury/Brain Recovery After INjury (BRAIN) Health & Wellness Center	Upon referral, an established decision tree will determine in which clinic patients will have initial appointment.
Burns	Emergency Department	Emergency Department; follow up in Burn and Wound Care Clinic
Cerebral palsy (concerns for)/CP evaluation	Physical Medicine and Rehabilitation	Infant Motor Evaluation Clinic (for patients <2 y/o); Cerebral Palsy Clinic (for patients >2 y/o)
Concussion—less complex with typical recovery progression	Concussion/Head Injury/Brain Recovery After INjury (BRAIN) Health & Wellness Center	Upon referral, an established decision tree will determine in which clinic patients will have initial appointment.
Concussion—with prolonged symptoms and/or comorbidities such as anxiety or previous concussion	Concussion/Head Injury/Brain Recovery After INjury (BRAIN) Health & Wellness Center	Upon referral, an established decision tree will determine in which clinic patients will have initial appointment.
CP treatment/intervention	OT/PT/Speech-Language Pathology* or Perlman Center	Comprehensive therapies available via OT/PT, Speech-Language Pathology and Perlman Center
Chest wall deformities	Surgery (General & Thoracic Surgery)	Chest Wall Center
Colorectal malformations	Colorectal Center	Colorectal Center
Congenital Hand and Brachial Plexus Clinic	Plastic Surgery	Congenital Hand and Brachial Plexus Clinic
Craniofacial anomalies	Craniofacial Surgery	Cleft and Craniofacial Center
Dyslexia	Speech-Language Pathology*	Reading and Literacy Discovery Center
Eating disorders	Adolescent Medicine	Eating Disorders Program
Encopresis	Colorectal Surgery	Colorectal Center
Enuresis	Urology	Healthy Bladder Clinic
Failure to thrive	Gastroenterology—GI	General GI Clinic
Feeding disorders	Aerodigestive	Interdisciplinary Feeding Team
Gender identity (concerns for)	Adolescent Medicine	Transgender Health Clinic
Hand and upper extremity conditions	Orthopaedics	Hand and Upper Extremity Center

Condition/Specialty Service	Send referral to	Patient will receive care in this clinic
Hemangioma and vascular malformation (concerns for)	Hemangioma and Vascular Malformation Team	Hemangioma and Vascular Malformation Clinic
Hypermobile Ehlers-Danlos Syndrome	Human Genetics	Hypermobility Clinic
Hypermobility	OT/PT*	OT/PT
Infant motor development issues	Physical Medicine and Rehabilitation	Infant Motor Evaluation Clinic
Isolated motor delay—fine motor	OT/PT*	OT
Isolated motor delay—gross motor	OT/PT*	PT
Ketogenic diet	Neurology	Comprehensive Epilepsy Center
Kidney/bladder stones	Urology	Stone Clinic
Limb differences	Orthopaedics	Limb Lengthening and Reconstruction Center
Movement disorder	Neurology	Movement Disorder Clinic
Muscular dystrophy	Neurology	Comprehensive Neuromuscular Center
Neuromuscular conditions—other	Neurology	Comprehensive Neuromuscular Center
Neurofibromatosis	Hematology/Oncology	Neurofibromatosis Program
Obesity—non-surgical weight loss	Center for Better Health and Nutrition —Non-Surgical	Center for Better Health and Nutrition (HealthWorks!)
Obesity—bariatric surgery	Weight Loss Program—Surgery	Surgical Weight Loss Program for Teens
Plagiocephaly (0–2 months)	PT*	PT
Plagiocephaly (3+ months)	PT* and Plastic Surgery	Physical Therapy and Plagiocephaly Clinic
Reading and written language difficulties	Speech-Language Pathology*	Reading and Literacy Discovery Center
Sensorineural hearing loss	Audiology*	Audiology Clinic
Sensory integration concerns	OT/PT*	OT/PT
Sleep disorders	Sleep Center	Sleep Disorders Clinic
Substance abuse	Adolescent Medicine	Opioid Use Treatment Clinic
Speech/language delay	Speech-Language Pathology*	Speech-Language Pathology
Torticollis (any age)	Physical Therapy*	Physical Therapy
Tuberous sclerosis	Neurology	Tuberous Sclerosis Clinic

* OT/PT/speech-language pathology and audiology are orders and require a diagnostic code and provider signature

Questions? Concerns? Please contact your physician liaison or call the Physician Outreach Department at **513-636-6033**.

