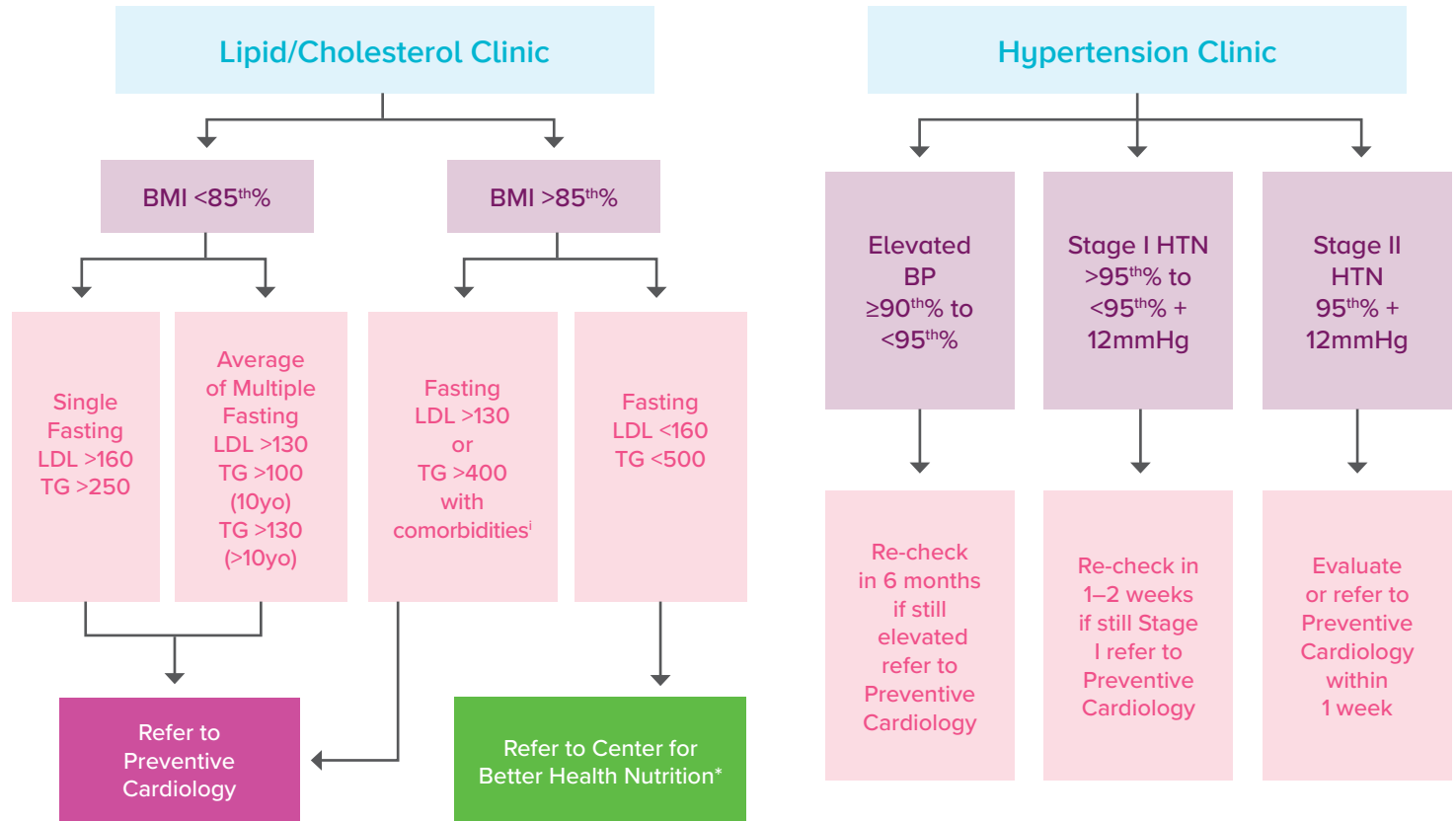


# Preventive Cardiology Referral Guide



The Preventive Cardiology program at Cincinnati Children's offers clinics specifically for childhood hypertension and high cholesterol. Initial assessment will include screening for secondary causes of high blood pressure and cholesterol, risk for diabetes, and obesity related target organ damage. Additionally, patients will work with a dietitian to create a lifestyle plan for healthier eating and exercise habits to reduce dietary cholesterol, fat, and sodium. For when and how to refer please follow the guide below.

For any questions or to learn more about our Preventive Cardiology programs please visit our website at [cincinnatichildrens.org/service/p/preventive-cardiology](http://cincinnatichildrens.org/service/p/preventive-cardiology) or please call **513-636-4287** to speak with our care team.



To refer to Preventive Cardiology Clinics, please download and complete the Specialty Services Form by going to [cincinnatichildrens.org/professional/referrals](http://cincinnatichildrens.org/professional/referrals). In the Services Requested section, select "Hypertension / Cholesterol Clinic" and FAX form to **513-803-1111**.

Alternatively, referrals can be submitted through compatible EMR. For any questions regarding referral to Preventive Cardiology, please call:

**513-636-4287.**

\*The Center for Better Health and Nutrition (CBHN) is another related metabolic program at Cincinnati Children's that specializes in obesity in children and teens. CBHN offers medical, exercise and nutrition (HealthWorks!) assessments to promote healthier lifestyles using comprehensive, family-based treatment strategies.

To Refer to the Center for Better Health and Nutrition, please call:

**513-636-4305.**

*Many with abnormal lipid/hypertension have elevated BMI. In this case, please consider referrals to both Cincinnati Children's programs.*

<sup>1</sup>Diabetes, Chronic Kidney Disease, Heart Transplant, Post-Kawasaki's Syndrome with coronary aneurysm